



PROFESSIONAL PSYCHOLOGISTS AND COUNSELORS

Dan Spadaro, LPC
Imago Dei Counseling
10 Boulder Crescent Suite 204F
Colorado Springs, CO 80903
719-310-2211
www.imagodeicounseling.com

Imago Dei Counseling is devoted to strengthening and healing the family. Our goal is to help individuals discover their personal dignity and guide them toward the freedom to live generously in relationship with others. Our services include: counseling for pornography or sexual addiction, structured teleconference groups for men to grow in purity, couples and individual counseling for relationship strengthening and rebuilding intimacy and issues related to parenting and child rearing. Sessions available face to face or telephonically.

James E. Roembke, Jr., Psy.D.
Vital Sources, LLC
10 North Jefferson Suite 403
Frederick, MD 21701
301-620-8700 ext. 103
www.vitalsources.org
jim@vitalsources.org

Taken together, the name *Vital Sources* means "Life-Giving Streams." We have chosen this name as a symbolic description of the work we do. Vital Sources is an organization that provides the full range of professional psychological services from a uniquely Christian world-view. We see ourselves as conduits of God's goodness and life in us.

Doreen M. Horan, MS, LCPC, NCC
Stella Maris
2300 Dulaney Valley Rd.
Timonium, MD 21093
410-252-4500 ext. 7382
www.stellamarisinc.com
dhoran@mdmercy.com

Doreen Horan is the manager and a clinician for the Stella Maris Center for Grief & Loss. She is a licensed clinical professional counselor, schooled at Loyola University of Maryland. Doreen works in clinical pastoral counseling with teens and adults, as a bereavement specialist, and also in helping others find spiritual transformation. Doreen is available for presentations, training, and workshops.

Dr. Bob Schuchts
John Paul II Healing Center
2910 Kerry Forrest Pkwy, #D4-344
Tallahassee, FL 32309
www.jp2ihealingcenter.org
info@jp2ihealingcenter.org

Dr. Bob Schuchts founded the John Paul II Healing Center in January 2010. The mission of the center is to combine theology of the body with inner healing principles in a counseling setting. The team hopes to use this approach with their clients as well as train other professionals on how to bring theology of the body into their own practices.

Christopher L. Sperling, M.A.
Licensed Marriage & Family Therapy Associate
930 S. Bell Blvd. #404
Cedar Park, TX 78613
512-587-1784
www.intuitus-group.com
chris@intuitus-group.com

My practice is centered on the integration of the person as God intended not only as a body-soul composite but also within their vocation. I work with married couples who struggle with infidelity (Physical or online infidelity). I also work with individuals who struggle with sexual addiction (pornography, masturbation etc) and unwanted same sex attraction. I focus my practice on mending damaged marital relations and removing the obstacles to a better relationship with God.

I am a Licensed Marriage & Family Therapist in the state of Texas. I earned my M.A. in Counseling from St. Edwards Uni. & my B.A. from Rhode Island College in Psychology. I am a certified Prepare-Enrich Facilitator & Seminar Director. I work with the Diocese of Austin preparing premarital couples using Theology of the Body.

Gregory Bottaro, Psy. D.
347-705-0406
www.catholicpsych.com
drgreg@catholicpsych.com

Dr. Bottaro is a clinical psychologist educated in the integration of Catholicism with psychological practice. He is especially trained in bringing John Paul II's insights to the therapeutic process. He is available by Skype, phone, and for office appointments in New York City. Visit his website for more information.

"The Head and Heart Immersion course – and any study of John Paul II's teachings – is a beautiful journey that opens a person up to new discoveries of reality. Some of these discoveries can be difficult to process, especially when they are related to our brokenness or the brokenness of others. I am on this journey myself, and I can help you work through your difficulties so that ultimately yours is a joyful one."

Diana Morin, LPC-S, LMFT
Discoveries Christian Counseling Center, LLP
167 Georgian Drive Coppell, Texas 75019
214-344-6629
www.discoveriescounseling.com
Dianamorin84@gmail.com

Diana F. Morin is a Licensed Professional Counselor and a Licensed Marriage and Family Therapist through the State of Texas. As a founding member of Discoveries Christian Counseling Center, recognized for providing the highest quality professional therapy from a Christian perspective for the past 25 years, she works with individuals and families dealing with trauma, marital discord, pre-marriage preparation, abuse/dependency issues, anxiety, and mood disorders. A core part of her work is to assist individuals and couples in implementing Theology of the Body in every aspect of life.

The Theology of the Body Institute does not endorse the above psychologists or counselors, but provides their contacts for your information.

Gregory K. Popcak, Ph.D., MSW.
Pastoral Solutions Institute
740-266-6461
www.CatholicCounselors.com
GPopcak@CatholicCounselors.com

The Pastoral Solutions Institute offers telephone-based, Catholic-integrated counseling services to Catholic couples, families, and individuals around the world. We integrate cutting-edge research from counseling psychology with solid theological insights and the spiritual traditions of our faith. All our counselors are licensed professionals with formal theological training. We operate within the anthropological assumptions of the Theology of the Body and integrate principles of Ignatian spiritual discernment with Cognitive/Behavioral and Solution-Focused approaches to solving marriage and family problems, depression, anxiety, and other emotional/psychological disorders.

Mario Sacasa, Ph.D., LMFT
7611 Maple St., Suite B1
New Orleans, Louisiana 70118
drmario@sacasacounseling.com
<https://drmariosacasa.com/>

I am a Catholic Christian husband and father, that's my primary vocation and passion. I am happily married to my wife of 16 years, Kristin, and together we share the joy of parenting our four sons. For work, I have a private counseling practice in New Orleans, LA. I am also the Associate Director of Willwoods Faith and Marriage. I enjoy writing and have delivered numerous lectures on the topics of married life, human sexuality, and Catholic integration into clinical practice. I have over ten years of counseling experience, where I have made a career of integrating the riches of our Catholic Faith with sound counseling practices.

Andrew Sodergren, Psy. D.
6675 Wesselman Rd.
Cincinnati, Ohio 45248
513-407-8878
www.rwpsych.org

Dr. Sodergren holds Masters and Doctoral degrees in clinical psychology from the Institute for the Psychological Sciences (IPS) in Arlington, VA, the only graduate school in existence devoted to integrating the best psychological science with a Catholic view of the human person and the moral life. His doctoral dissertation, completed in 2009, was entitled "Attachment and Morality: A Catholic Perspective." Dr. Sodergren established Ruah Woods Psychological Services in 2011. His previous clinical work was with the Alpha Omega Clinic and Consultation Service in Bethesda, MD and with Catholic Social Services of Southern Nebraska. Dr. Sodergren is trained in child, adult, marital/family, and group therapies as well as psychological testing, including vocational assessment for candidates to the priesthood or religious life. He is certified in Relationship Enhancement® couples therapy and is pursuing certification in Emotionally Focused Couples Therapy. He is an active member of the Catholic Psychotherapy Association and is a regular presenter at professional conferences and Church events on the integration of psychology and the Catholic faith. He also teaches an annual course on psychology and neuroscience as an adjunct professor at the John Paul II Institute for Studies on Marriage and Family in Washington, DC.

Lisa M. Morin MA, LPC
Discoveries Christian Counseling Center, LLP
600 S. Denton Tap Road
Suite 145
Coppell, Texas 75019
469-583-4568
www.discoveriescounseling.com
lisammorin@gmail.com

I specialize in working with teenage girls, young adults, families and engaged couples and seek to integrate the Theology of the Body and my Catholic faith into therapy as much as possible.

Dr. Valerie Lukasik
19855 W. Outer Dr. Suite #201 East
Dearborn, MI 48124
313-682-4699
<http://www.drvalerielukasik.com>
drvalerielukasik@sbcglobal.net

I am responding to Christ's command to his first disciples, "As the Father has sent me, so I send you" (John 20:21). As a Licensed Psychologist, I believe that it is important to treat the "whole person". To me the whole person consists of your body, soul and spirit. If there are any issues in those realms, I feel it is open for exploration and discussion. With God's graces, healing and transformation can occur. My practice is Christ-centered, family-oriented, dedicated to the Gospel of Life, and faithful to the Magisterium. I have provided confidential and compassionate counseling for 20 years. I specialize in individual and marriage therapy for adolescents 16+ years, adults, and geriatric patients with a variety of psychological disorders and life challenges.

Carlos C. Gomez, PhD
Center for Human Formation
1390 S. Dixie Hwy #2107
Coral Gables, Florida 33146
786-622-2226
www.humanformation.com
cgomez@gomezphd.com

Dr. Carlos C. Gomez is a bilingual psychologist in South Florida. He provides assessments, growth counseling, and psychotherapy in a manner that is faithful to Catholic anthropology. Areas of need served often include career counseling, depression, coping with chronic and terminal illness, pornography compulsions and addictions, bereavement, post-traumatic adjustment, and marital counseling. The Center for Human Formation also provides vocational assessments for seminarian and religious applicants, growth counseling for priests and religious, and tribunal evaluations. Its team of priests and laity provide seminars and workshops to seminaries, marriage preparation programs, and lay groups.

Rita L. McCarthy, M.A., LMFT
2921 S. Ocean Blvd #701
Highland Beach, Florida 33487
561-699-5800
ritamccarthy10@aol.com

Elina Holland, MS
Psychological Associate
Good Shepherd Institute of the Bluegrass Psychological Services Center
622 Woodlake Dr.
Louisville, KY 40245
502-632-3249
<https://www.familyrenewalproject.com/psychological-services/>

Good Shepherd Institute of the Bluegrass (GSIB) is a ministry of Family Renewal Project. We strive to offer psychological services that are fully integrated with a person's physical, mental, and spiritual well-being and adhere to the teachings of the Roman Catholic Church. At GSIB, we believe each person is designed to be happy and healthy and we want to help people break the chains of unpleasant or harmful patterns in their lives and live abundantly! GSIB is currently scheduling appointments in Louisville, KY and Elizabethtown, KY in-person or virtually by video-conference. We provide individual, couples, and family therapy to address a range of psychological concerns such as anxiety, depression, trauma, couples and family issues, substance abuse or addiction, parenting, and anger management.

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